

**Stramash Adventure 10% OFF Days**

Kayaking & Canoeing  
Dirigible Sailing  
Canyoning & Coasteering  
Climbing & Abseiling  
and much more...

01631 566800  
www.stramash.org.uk

While on holiday there's nothing like a day at...

**energie fitness clubs**

One day passes now available!  
State of the art gym • Sauna • Steam room  
Cafe • Sunbed • Sports Massage • Classes  
17 Lochavullin Road, Oban Tel: 01631 565000  
www.energiefitnessclubs.com

**MUNRO'S** 24HR RECOVERY

MOTs • Servicing • Repairs

Home of Oban, Lochavullin Rd, Oban, PH24 4P, Tel: 01631 564483 Mob: (ext) 07711 609756

Car and Van Hire

**alpa** 6 Albany St

specialty retailer ... with a Scottish flavour

hobbies • gifts • cards • west coast prints

01631 563645  
RETAIL OASIS WINNER

**INDIAN CUISINE** **TU MATHAL**

Authentic Restaurant

Fully Licensed  
Opening Hours  
12 noon to 2pm  
5pm to 12pm  
144 George Street, Oban PH24 5PZ  
Tel: 01631 566400

Jewellery, gifts and crafts from around Scotland and the UK

**ORSAY**

21 Stevenson Street, just off George Street, Oban  
01631 56 92 88  
www.orsayuk.com

**room**

Stockists of:  
• Yankee Candles  
• Yankee Photo Frames  
• Pottery  
• Cards  
• Alex Clark Cards

Large selection of gifts, stationery, soft toys and jewellery  
01631 564699  
15 Stafford Street Oban

**Coasters**

Combining a warm welcome with a friendly atmosphere  
Great food served daily with superb sea views!  
Showing live sports in HD on:

**SKY SPORTS ESPN**

Expensive, Cheap  
Tel: 01631 566881  
coastersbar@hotmail.co.uk

**Julie's COFFEE HOUSE**

STAFFORD STREET  
01631 565932

Home baking and light lunches  
Speciality coffees and teas

**"BEST COFFEE SHOP IN TOWN"** Scotland the Best

Tuesday - Saturday 10am - 5pm

**INVERAWE**

Smokery Exhibition  
Produce Shop  
Trout Fishery

Open daily 9am - 5pm  
Taynuilt, Argyll  
Tel: 01866 822808

**COASTAL CONNECTION**

FAST SAFE CABINED RIB  
TOBERMORY FAST FERRY  
WILDLIFE TRIPS  
PRIVATE CHARTER

07211913216 (24/7)  
01631 560333

LOCAL & FABULOUSLY FRESH WITH SUBLINE SERVICE

**MacGillivray's Seafood Bar**

ENJOY  
Seafood  
Ice Cream

**NEW FOR 2011**  
Highland & Islands Hot Filled Rolls, Beef & Lamb  
MacGillivray's unique Surf 'n' Turf

Railway Pier, Oban  
Open 7 days from 10am to 10pm

**Manor House Hotel & Restaurant**

Fine Dining and Bar/Terrace Lunches on the edge of beautiful Oban Harbour

Gallanach Road  
01631 562087

**DE SHOES**

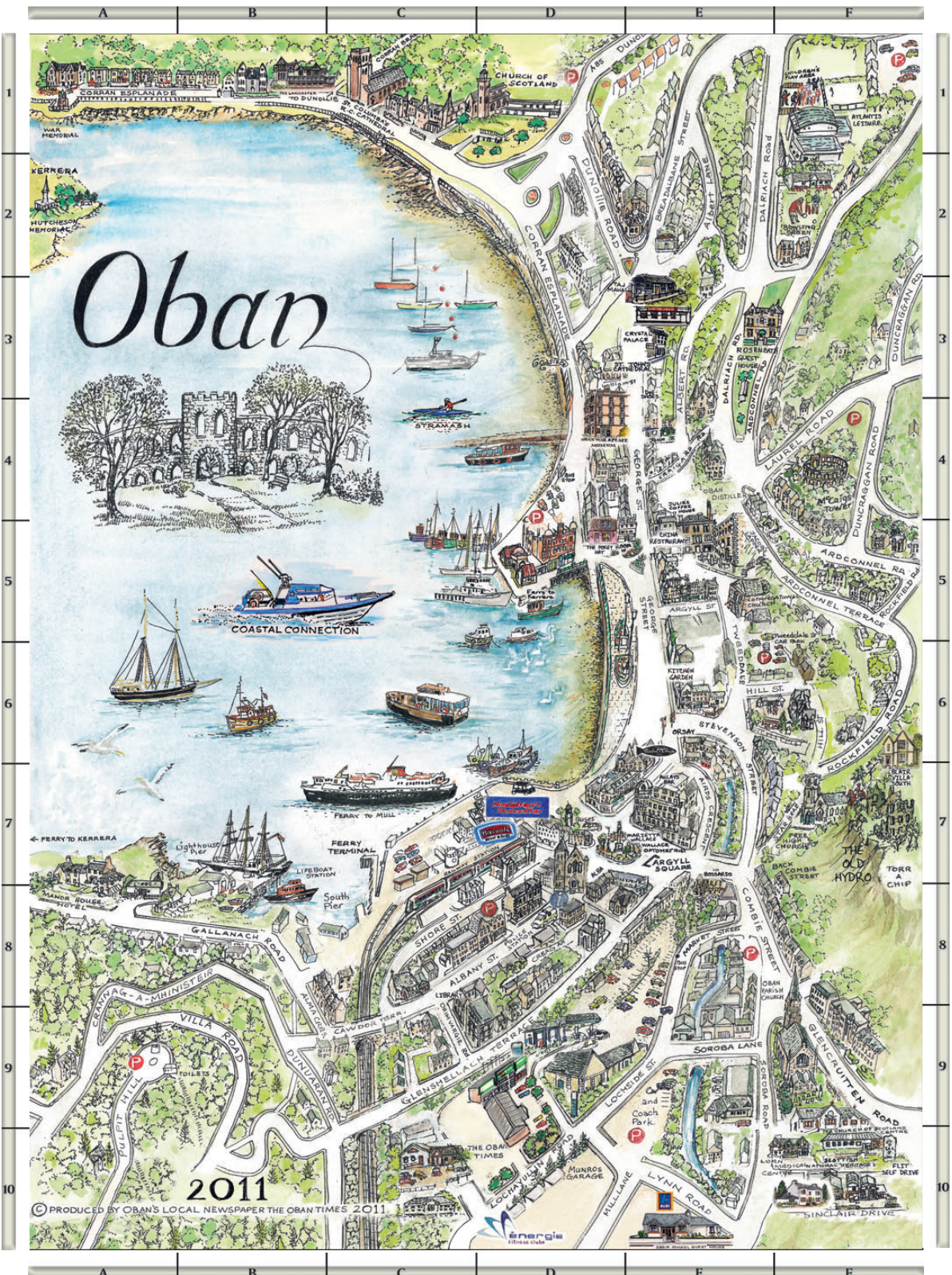
Clarks  
Hokker  
Hollister  
Padders

www.deshoes.co.uk  
113 George Street, Oban  
Tel: 01631 562943

**Atlantis**

Swimming pools with flume, cafe, technogym, fitness and dance classes, holiday activities, soft play centre, tennis and squash courts, climbing wall and sports hall

Dalriach Road Oban  
Tel: 01631 566800  
www.atlantisleisure.co.uk



**CYCLE HIRE**

Bike Sales, Repairs and Spares  
Delivery and Collection

**RCS CYCLES**

01866 822 736  
07791 974 152  
nick@rscycles.co.uk

**Rascals Diner & Grill**

For great value for money and delicious lunches and dinners, try our diner and grill, open 11am till late food served all day

Unit 2, Railway Pier, Oban Tel: 01631 510347  
Events catering available

01631 562650  
www.rascals-diner.com

**Sgeir Mhaol Guest House**

Comfortable guest house with car parking and on-site rooms  
Open all year, pets welcome

01631 562650  
www.sgeirmhaol.co.uk

**Oban Bay & Pever Museum**

A comprehensive collection depicting the rich heritage of the Oban area and the role played by the town during the war years

Admission Free  
Open daily from March - November  
Corner Esplanade, Oban PH24 5PZ  
www.obanmuseum.org.uk

**LANCASTER LEISURE FACILITIES**

Indoor Heated Swimming Pool  
Steam Room  
Sauna  
Spa

Tel: 01631 562587  
www.lancasteroban.co.uk

**Bossards**

We would like to welcome you to our lively and friendly COFFEE SHOP

1 A Gibraltar Street, Oban, Argyll  
01631 564648 | Open 10am - 5pm

**Atlantis**

Are you, tired or aching feet ruining your life or your holiday?

Stop suffering... get professional help today!

Mariletta Wallace MChS, DPodM  
11/12 Argyll Sq, Oban  
Tel: 01631 563814

**OBAN**

Flavours tour (free gift included)

01631 566232

**THE KITCHEN GARDEN**

Gourmet foods • Fine wines • Whiskies  
delicious gifts • Hot party • Brunch & cakes  
Fresh, homemade sandwiches, soups, soups and cakes in our coffee shop

01631 566232  
www.kitchengardenoban.co.uk

**Lynn Road, Oban**

Opening times  
Mon-Fri 9am-8pm  
Saturday 9am-7pm  
Sunday 10am-6pm

**FLIT**

CAR & VAN HIRE  
BICYCLE HIRE

Hire a bike and discover the kind of fun at your leisure

Contact: 01631 565553  
Glenclerruin road, Oban

**Bossards**

We produce and bake all our cakes, bread and rolls on the premises, freshly made every day

1 A Gibraltar Street, Oban, Argyll  
01631 564648 | Open 10am - 5pm

**樓酒華中 CHINA**

Authentic Chinese Cuisine

Open 7 days a week  
Special 3 course lunch 12:00pm Only £6.50  
Over 130 delicious Chinese & European dishes  
Take away service available

39 Stafford St., Oban  
Tel: 01631 563575 or 363537  
www.chineserestaurant-oban.co.uk

**Crystal Palace**

'A New Light on Oriental Cuisine'

Open 12 noon - 2pm  
5pm - 11.30pm  
Fully Licensed  
126-128 George Street, Oban  
Tel: 01631 563170  
Also Takeaway menu

**Rosemeath Guest House**

Welcomes You...

Phone contact on 01631 566881 & 01631 566882  
www.rosemeathoban.com

**AULAY'S BAR**

A bar of character

8 Airds Crescent  
Oban  
Tel: 01631 562596  
Proprietor: Aulay Dunn

Forgotten, broken or lost your glasses or contact lenses?  
Or just fancy an image makeover?

We're here to help you

**Wallace Optometrists & Contact Lens Practitioners**

Available Mon to Sat at:  
11/12 Argyll Square, Oban  
Tel: 01631 563170  
www.wallaceoptometrists.co.uk

**BLAIR VILLA SOUTH**

An attractive Victorian property enjoying peaceful yet central setting overlooking Oban Bay

3 star B&B  
Rockfield Road  
www.blairvillasouth.com  
Tel: 01631 564813

**The Pokey Hat**

Wide selection of ice creams  
Weekly made soft ice cream  
Open 7 days  
Stafford Street, Oban

**Fish & Chips No. 1**

for Fish & Chips in Oban

Fresh fried haddock and cod with home cut chips, fresh lemon wedges, salt and vinegar

Open daily from 10.30am until 11.00pm  
Telephone orders welcome  
Phone 01631 564644

**FLIT**

CAR & VAN HIRE  
BICYCLE HIRE

Hire a bike and discover the kind of fun at your leisure

Contact: 01631 565553  
Glenclerruin road, Oban

View from McCraig's Tower